## MINDFUL INTERPRETING: ENTERING DEAF MENTAL HEALTH SPACES WITH INTENTIONALITY

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Presented by Darian B. Gambrell, Executive Director, DEAF, Inc. & Alison L. Aubrecht, M.A., LPCC

Saturday, May 18, 2024 9:00am-12:00pm ET Online via Zoom in ASL

0.3 PS RID CEUs (M/MH in MI) FREE for Michigan Interpreters RSVP at cwoodpd.com





This workshop is made possible by a grant from Substance Abuse and Mental Health Services Administration (SAMHSA) and is sponsored by DEAF C.A.N.! in cooperation with CWoodPD.

#### DESCRIPTION

Do you find yourself resisting accepting jobs in mental health settings? Wonder if your approaches to interpretation in mental health spaces are effective? This is the workshop for you! Darian Gambrell and Alison Aubrecht will invite participants to explore elements of social justice as they pertain to mental health and substance abuse settings using facilitated dialogues and small group discussions.

Participants will leave with more mindfulness of the impact of their own presence in the interpreting process and a deeper intentionality about that impact. This workshop is very participant oriented; be prepared to spend most of the three hours engaging with your peers in group discussions!







#### ABOUT THE PRESENTERS

**Darian Gambrell** is currently the Executive Director for DEAF, Inc. in the Greater Boston area of Massachusetts where she oversees 5 regional offices. She has been in this role since September 2021. Prior to arriving at DEAF, Inc., Gambrell was a manager at the Raleigh regional center of the North Carolina Division of Deaf and Hard of Hearing Services, which has seven regional centers across the state.



Gambrell was known at Gallaudet University for her student-centered management; she oversaw the Office of Student Success and had a leadership role in the university's JumpStart and Peer Mentoring programs for incoming students.

Gambrell has worked in several positions in non-profit, colleges, and state agencies throughout her career. She is a current member on the Board of Trustees at Gallaudet University and a former board member for Arts Access, Inc.

Gambrell hosts community conversations and workshops and has since cultivated a reputation as an engaging facilitator on diversity and inclusion dialogues. She received her certificate from the Institute for Nonprofit Practice in May 2023. She is a member of YW LEADBOSTON 2024 Cohort.

**Alison L. Aubrecht** is a Licensed Professional Clinical Counselor currently living in Arizona. She has worked as a community therapist and a school counselor over the years. Alison is currently on hiatus from work but she spends as much time as she can volunteering at a farm sanctuary with a variety of animals that bring her joy.



## DETAILS

- Workshop approved for 0.3 PS RID CEUs (M/MH in MI).
- This workshop is based in the Eastern Time Zone.
- Target Audience: The Deaf community and interpreters who work in community, medical, and mental health settings.
- IRID is an approved RID CMP Sponsor for continuing education activities. This Professional Studies program is offered for 0.3 CEUs at the Some Content Knowledge Level.

## OBJECTIVES

Participants will be able to:

- Recognize and evaluate three Diversity, Equity, and Inclusion values that exist in mental health settings.
- List three ways their personal biases about mental health and substance abuse create barriers to the interpreting process.
- Observe hypothetical mental health interactions and practice voicing alterations presented in ASL that may manifest during a mental health episode.
- Create a personal action plan for being intentional when stepping into spaces that involve Deaf individuals struggling with mental health and/or substance abuse issues.

# POLICIES

- This event will be conducted in ASL with no English interpretation. For other ADA accommodations, contact Cindy at cwoodpd@gmail.com at least 14 days prior to the event.
- This is a free event that requires participants to RSVP. Participants should contact Cindy Wood at cwoodpd@gmail.com with any cancellations as soon as they are able.
- CWooD Professional Development promotes a learning environment free from discrimination and bias, and encourages mutual respect for all participants.

