# MENTAL HEALTH TERMINOLOGY AND HEALTHY CONFLICT RESOLUTION STRATEGIES

Presented by Joshua Weinstein, PsyS Sunday, June 30, 2024 9:00am-4:00pm ET

Madonna University Franciscan Center Rm S100 36600 Schoolcraft Rd. Livonia, MI 48150

0.6 PS RID CEUs (M/MH in MI) FREE for Michigan Interpreters **RSVP at cwoodpd.com by June 19, 2024** 



This workshop is made possible by a grant from Substance Abuse and Mental Health Services Administration (SAMHSA) and is sponsored by DEAF C.A.N.! in cooperation with CWoodPD.

#### DESCRIPTION

The morning session will take participants on a linguistic journey through time as they explore the historical contexts of mental health terminology in American Sign Language (ASL). They will traverse their way across the country, examining "regional" signs, their underlying rationales, and the impact these signs have had on Deaf communities. Their journey will culminate in the summer of 2024, where they will take an in-depth look at some of the most current, and acceptable ASL signs used in mental health settings.

In the afternoon, Josh aims to empower participants, interpreters and members of the Deaf community, to leverage the playing field for resolving communication conflicts. He will share tools and resources to add to their arsenals and every participant will leave the workshop with actionable insights, ready to create or restore harmonious working and personal relationships. This workshop requires no prerequisite conflict resolution skills as it will provide interactive experiences to equip individuals with a comprehensive game plan to address communication conflicts in various types of work/personal environments.

#### WATCH ASL DESCRIPTION

#### OBJECTIVES

Participants will be able to:

- Identify at least five historical mental health terms and practice two acceptable current signs.
- Explain the evolution of at least two words that have seen several sign iterations.
- Recognize at least five different types of conflicts and label the five steps of conflict resolution.
- Express two pros and two cons of each conflict response strategy.
- List four examples for healthy uses of "I" statements while communicating.

#### DETAILS

- Workshop approved for 0.6 PS RID CEUs (M/MH in MI).
- Lunch will be provided from 12:00pm-1:00pm.
- Target Audience: The Deaf community and interpreters who work in community, medical, and mental health settings.
- IRID is an approved RID CMP Sponsor for continuing education activities. This Professional Studies program is offered for 0.6 CEUs at the Some/Extensive Content Knowledge Level.

## POLICIES

- This event will be conducted in ASL with no English interpretation. For other ADA accommodations, contact Cindy at cwoodpd@gmail.com at least 14 days prior to the event.
- This is a free event that requires participants to RSVP. Participants should contact Cindy Wood at cwoodpd@gmail.com with any cancellations as soon as they are able.
- CWooD Professional Development promotes a learning environment free from discrimination and bias, and encourages mutual respect for all participants.

### ABOUT THE PRESENTER

Joshua Weinstein, PsyS is a Deaf business owner with a knack for teaching and solving problems. He specializes in making conflicts disappear, and from good to great, it's a practice that he has perfected over two decades. With over 20 years of experience, other mental health providing workshops to professionals and the educational team of administrators, teachers, and other staff has allowed him, as a school psychologist, to design training and classes that have profound impact on human dynamics for Deaf children.



His passion lies in teaching healthy conflict resolution through solid teamwork. Josh believes everyone should understand and work together smoothly. As a leader, Josh aims to create inclusive and cooperative business environments. He makes a big impact by teaching others the art of problem-solving. Join Josh in developing strong skills in conflict resolution and making the Deaf community healthier for everyone. Together as a class, you will turn challenges into opportunities for growth and understanding.











