

"TEST"

A Four Letter Word!



Presented by Dr. Sabrina Smith
Sunday, December 7, 2025
3:00pm-7:00pm ET via Zoom

0.4 PS RID CEUs
Registration: \$65
www.cwoodpd.com



Professional Development
ASL/ENG

DESCRIPTION

For many of us, the word “Test” can feel like a four-letter word we’d rather avoid. It’s completely normal to feel nervous about interpreter screening tests—whether it’s worrying about being prepared, wondering if our ASL and English skills are strong enough, fearing we’ll freeze up, or simply dealing with test anxiety.

This workshop is for interpreters who are preparing to take or retake one of the many tests out there but aren’t sure how to manage their nerves. We’ll cover strategies for approaching both written and performance tests and discuss techniques for calming your nerves so you can walk into any testing situation feeling confident and ready to succeed. Be sure to bring a device to record a sample of your work, which you can use later with a colleague or mentor to analyze and improve.

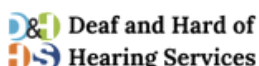
POLICIES

- No refunds will be offered. Please contact Cindy at cwoodpd@gmail.com to inquire about possible workshop credit.
- Please contact Cindy at cwoodpd@gmail.com at least 14 days in advance of the event with any ADA accommodation requests.
- CWood Professional Development promotes a learning environment free from discrimination and bias, and encourages mutual respect for all participants.

OBJECTIVES

Participants will be able to:

- Identify three practices that can enhance test-taking performance.
- Outline four strategies for reducing and managing test anxiety.
- List three resources that can help improve confidence and alleviate anxiety.



ABOUT THE PRESENTER

DR. SABRINA SMITH

Sabrina Smith, PhD, has been involved in the interpreting field for over 20 years. She is Nationally certified through RID: CI and CT, as well as NIC Master and Ed:K-12. She works as an educational interpreter and has been interpreting in the school system for over 20 years. She enjoys encouraging interpreters of all levels and mentoring people across the United States.



She works as a freelance interpreter, and as a performing arts interpreter for theatres and concert venues in her area. She has presented various workshops across the country. She worked as a video relay interpreter with Sorenson Communications for over 14 years. Feel free to contact her about mentoring, presenting, or just general questions about the field of interpreting at sabinatempie.wixsite.com/aslterp

DETAILS

- **Workshop approved for 0.4 PS RID CEUs**
- This workshop will be presented in spoken English.
- Target Audience: This workshop is intended for anyone preparing to take a standardized interpreting screening test.
- Deaf & Hard of Hearing Services is an approved RID CMP Sponsor for continuing education activities. This Professional Studies program is offered for 0.4 CEUs at the Little/None Content Knowledge Level.

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