

PRESENTED BY KATIE FITZPATRICK

Self-Talk for Interpreters: Succeed without the Suck



Saturday, August 6, 2022
12:00pm-4:00pm ET
Presented via Zoom in ASL

0.4 PS CEUs
\$60 (CEUs) or \$40 (No CEUs)
www.cwoodpd.com

DESCRIPTION

Do you have an inner mean girl? Or a committee in your head evaluating your every sign, critiquing your every word while you are interpreting? Come and learn about what's going on in our heads, what we can do to calm the waters, how to create positive feedback communities, and just plain feel better about our jobs and why we do it! Katie is an interpreter, interpreter educator, linguist, and all-around giant nerd who loves helping other interpreters see themselves as human, valuable, and worthy of care, all while also doing a kick-ass job.

OBJECTIVES

Participants will be able to:

- Describe the three components of self compassion (per Neff's research).
- Describe the difference between shame and guilt (per Brene Brown's definition).
- Differentiate between mastery and performance-based goals for interpreting.
- Identify and articulate their preferred feedback style while working with a team.

POLICIES

- Please contact Cindy at cwoodpd@gmail.com at least 14 days in advance of the event with any ADA accommodation requests.
- Participants can email Cindy at cwoodpd@gmail.com at least 7 days before the event date to request a refund of 50% or a full registration fee credit for future event hosted by CWoodPD.
- This workshop is based in the Eastern Time Zone.
- CWood Professional Development promotes a learning environment free from discrimination and bias, and encourages mutual respect for all participants.



IRID is an Approved
RID CMP Sponsor for
continuing education
activities.



ABOUT THE PRESENTER

Katie is an interpreter, interpreter educator, linguist, and all-around giant nerd who loves helping other interpreters see themselves as human, valuable, and worthy of care, all while also doing a kick-ass job. She has been interpreting since 2008, teaching since 2015, operating ASL Village since 2019, and practicing self doubt, I mean investigating self-talk, for as long as she can remember. Her educational journey has meandered through a BS in TV Production, AAS in Interpreting, and a MA in Linguistics, but she learns the most from talks with fellow practitioners like you!



DETAILS

- **Workshop approved for 0.4 PS CEUs (RID/BEI).**
- **Registration: \$60 (CEUs earned) or \$40 (No CEUs earned)**
- Target Audience: All interpreters and interpreting students, hearing and Deaf, no interpreting experience required.
- IRID is an Approved RID CMP Sponsor for continuing education activities. This Professional Studies program is offered for 0.4 CEUs at the Little/No Content Knowledge Level.



REGISTER NOW!